

Quiche

- 1 cup** **Main ingredients, i.e. ham, broccoli, asparagus, etc.**
- ½ cup** **each of additional items, i.e. tomatoes, onions, etc.**
(whatever you would like)
- ½ cup** **of Mozzarella cheese**

Dice, chop and shred the above ingredients and place on the bottom of your quiche dish. I spray my quiche dish with Pam to ensure no stickage.

- 1-1/2 cups** **Milk**
- 3/4 cup** **Bisquick**
- 3** **Eggs**
- Salt and Pepper**

Mix the above ingredients in a bowl for at least one minute with an electric mixer.

Pour contents of mixture into your quiche dish and cook in the oven at 400 degrees for 30 minutes.

Then voila, you'll have a yummy quiche to eat!!!